

### **Upcoming Events: Happy Hour Networking Event!**

The Happy Hour Networking event is coming up at the end of the month on March 31st at 5pm. As always, more specific details can be found on our [website](#) in our events tab. Any questions regarding the event or regarding the update can be directed to [wielsteering@northwarren.org](mailto:wielsteering@northwarren.org).

### **Noteworthy World News: Articles Regarding Fighting for Educational Equality Against the Taliban & The Importance of Mental Health**

#### [Fighting for Educational Equality Against the Taliban](#)

This article is important when gaining a sense of international women's empowerment and understanding how cross-cultural fights are the most important. The Taliban in Afghanistan has banned women from schools and universities, and this article encompasses the efforts being made not only by Afghan women, but men out of solidarity as well. When understanding how to empower fellow female colleagues, especially in educational settings, it is important to also have a sense of what is going on around the world for women in education. I think this article not only depicts the realities of countries in the Global South, but also depicts the importance of women in social movements that are fighting oppressive institutions.

#### [Importance of Mental Health](#)

Simone Biles shocked the world when she pulled out of the Olympic competition for Gymnastics in Tokyo. She has been open about her experiences with her own mental health, and has explained on several occasions that this is the reason for her scratch from the competition. This article beautifully depicts why mental health, especially for women, is such an important conversation to regularly revisit, as it changes the ways in which we all go about our days. Not only does this article illustrate Biles's journey with mental health, it also shows her tips, tricks, and things to keep in mind when tackling mental health-related issues.

As always, these articles are just suggested reads with content that relates to the goals and intents of the organization; things to keep in mind as you go about your days.