

Upcoming Events: **Happy Hour Networking Event!**

Our event has changed dates due to weather updates. As always, more specific details can be found on our [website](#) in our events tab. Any questions regarding the event or regarding the update can be directed to wielsteering@northwarren.org.



Noteworthy World News: **Articles Regarding International Women's Day & Body Positivity**

[Articles Regarding International Women's Day](#)

Although this is not a link to one direct source, I feel as though one article (no matter how long) can truly depict the importance of women and why International Women's Day is such an important day to honor women around the globe. This link will direct you to a plethora of articles that show a variety of content, from involvement of women in climate issues, technological advancement, socioeconomic issues, etc. These all provide a wide variety of sources that all encompass how involved and influential women are in the global sphere, both socially and politically, and truly illustrate women, although International Women's Day being a day of recognition, should be honored everyday.

[Body Positivity](#)

As circulating in mainstream pop culture news, Selena Gomez began her treatment for lupus, which caused her to gain weight as a side effect. This caused many women to stand by Selena to show support through their experiences of weight gain as side effects of medicine. This article encompasses these experiences and gives tips from those with these experiences as to how to trust medicinal practices and maintain a body positive mindset. It is very important for women to not only remain empowered within their own selves, but to feel confident in their own skin. Articles like these and hearing from people who experience similar things is a way to feel more empowered and understood.

As always, these articles are just suggested reads with content that relates to the goals and intents of the organization; things to keep in mind as you go about your days.